



PSC Guide to Coiling - page 1

Coiling this way is a creative, exciting and inexpensive way to make something beautiful and useful. It is a slow but very satisfying process. I have used ---

A regular cotton washing line,

Red and white cotton yarns. Wool not recommended.

A darning needle, which has a large eye and a sharp point,

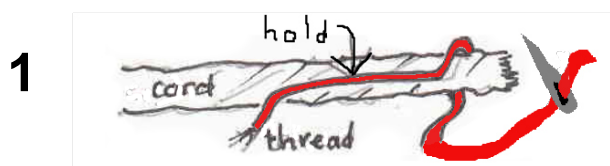
Scissors

Needle-nose pliers, for pulling the needle through.

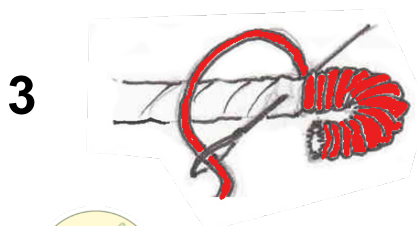
Let's get started.....Remove any wrapping from the washing line cord and unfold the cord. Cut a piece of the red yarn (you can use any colour) approximately a metre long. Thread the needle with the yarn now, or when you have done your first section of binding **'2'**. Using the non-threaded end of the yarn, place it against the cord and hold tightly between finger and thumb of left hand as in **'1'**.

Starting as near to the end of the cord as possible, bind yarn tightly around cord, keeping yarn touching as you wind it around **'2'**. To keep it secure, push the threaded needle through the middle of the cord **'3'** from one side to the other and pull quite tightly. This has got you started and should hold it quite firmly for the next stage.

Please bear in mind that starting the coiling is the hardest part. Once you get it going, it's just a case of keeping pressure and rhythm consistent.



Bend the end of the cord in and against itself as tightly as possible and push the needle all the way through the two sections. You will need the pliers to pull the needle and yarn through once you've pushed it as far as you can. **'4'**.





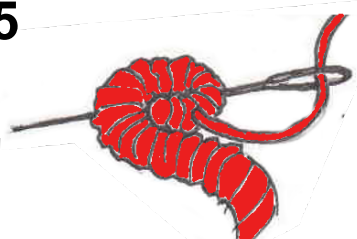
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Keep binding, bending and passing needle and yarn through the actual cord with the aid of your pliers until approximately 3 to 4 cms across.

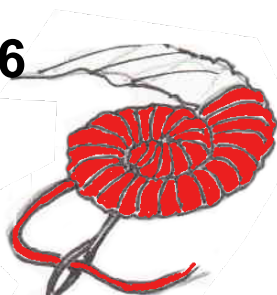
'5' '6' '7'. You will need to manipulate it firmly to create a circular flat shape. That's the hard work done!

This forms the shape for all round shapes such as coasters, plant stands, teapot stands, place mats, etc. You simply keep coiling until you reach the size you would like.

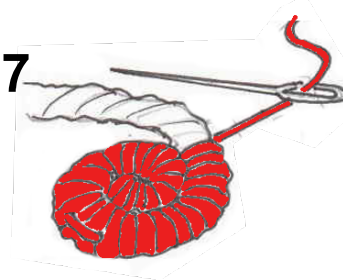
5



6



7



Once the centre is secure, start working 'backwards' from right to left, by freely wrapping the yarn around the cord four times, (it's easier coming from the back and over to the front) keeping each pass sitting alongside the one before. **'8'** Let the needle end drop so that you can hold and control the yarn as you wrap it around the cord because the yarn has to be passed between the new layer of cord and the previous layer of cord.

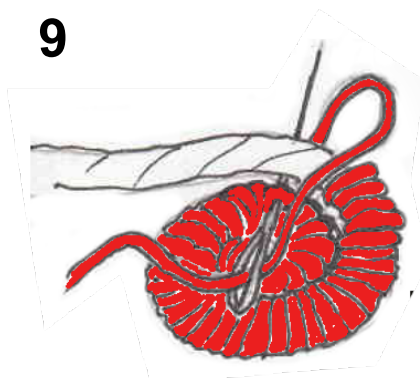
Flicking your left wrist as you wrap with your right will make it easier. Then hold the newly wrapped section between your left thumb and fore finger whilst you recover your threaded needle. Bring the fifth wrap over and push the needle through the edge of the **row below only**, not through the cord you are wrapping. **'9'** Be sure to catch the actual cord of that row below, not just the wrapped yarn. You may decide that it's easier to push your needle through, at the bottom of the row below rather than catching just the top of it, which is fine for a flat item such as this. However, your stitches will be longer, which you may not want once you start creating bowls with a particular design.

Repeat this pattern of four 'unattached' wraps followed by the fifth 'attached' wrap until you have reached the size of mat that you need.

8



9



Please see next page for finishing off.





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To finish off your coiling, pass your needle and yarn through the row below as you have been doing, but do several passes more or less on the same spot to create a sort of knot.

Once you feel it's secure, pass your needle and yarn along underneath some of the wraps for approximately 3cms and cut off the yarn close to the coiling. This hides the end of your yarn.

Cut the cord approximately 2cms away from your knot and unravel it to create a sort of tassel. **'10'**

You may of course design your own way of finishing off your coiling, which would be great.

Finishing off and starting new lengths of yarn

When you come to the last 7/8 cms of yarn, run it in underneath wraps and then perhaps push up or down to another layer to run in a little more, concealing the ends. Snip off yarn close to the coiling.

Likewise, when starting your new yarn, push your needle along underneath a different set of wraps and bring your needle out where your previous yarn left off.

Look out for the next FREE downloads showing how to curve your coiling into bowl shapes. In the meantime, here are a few examples of the beautiful items you can create.

Thank you for dropping by. See you again soon.

